

## Welcome to Seezeit

Whether you are about to start your degree or you are already in the middle of it, you will find a lot of questions which go beyond university and teaching. Where can I find accommodation, what are the rules for BAföG (Federal financial aid), and what is served for lunch at the canteen? We at Seezeit are happy to help you answer all these questions and many more, and, through our services, will support you throughout your time at university.

This leaflet gives you an overview of our different services. You can find more information and contact details online at [www.seezeit.com](http://www.seezeit.com). Of course, you can also come and speak to us face to face.

## We help you in all student matters!

**About us:** Seezeit Studierendenwerk Bodensee is a social service provider, working exclusively for charitable purposes and is not-for-profit. Around Lake Konstanz, we are assisting and supporting more than 27,000 students with social, economic, health-related and cultural issues. In doing so, we make an important contribution to equality of opportunity in the educational system, support integration and social cooperation in everyday university life and make studying possible for everyone.

[seezeit.com/en/food](http://seezeit.com/en/food)

[seezeit.com/en/advice](http://seezeit.com/en/advice)

[seezeit.com/en/accommodation](http://seezeit.com/en/accommodation)

[seezeit.com/en/children](http://seezeit.com/en/children)

[seezeit.com/en/money](http://seezeit.com/en/money)

[seezeit.com/en/life](http://seezeit.com/en/life)



## Contact

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## Studying and student life

Seezeit services at a glance



## Food

In our canteens, cafeterias and cafés a diverse range of everything from breakfast to dinner awaits you at student prices. We place importance on high-quality, organic, regional and fair-trade products. You can make cashless payments with your student card, and you can easily top up your balance using EasyLoad.

- **Konstanz:** Gießberg Canteen, Saftbar, Al stuDente, Gießberghütte, CampusCafé, BibCafé, Canteen/Cafeteria HTWG, Beach bar, Foodtruck, FoodBox
- **Weingarten:** Canteen and KaffeeBar RWU, Cafeteria PH
- **Ravensburg:** DHBW Canteen
- **Friedrichshafen:** DHBW Fallenbrunnen Canteen

## Accommodation

In our halls of residence, we offer affordable accommodation close to the university. Furnished rooms, a common kitchen, washing facilities and internet access as well as a caretaker and a tenant service are just as much a part of our activities as supporting communal life through our tutors.

With our database of private accommodation, the “Wohnen für Hilfe” (“Accommodation for help”) project as well as tips and advice, we can also support you in your hunt for a room on the private accommodation market.

- **Living at Seezeit:** 17 halls of residence with 3,000 places in Konstanz, Weingarten, Ravensburg and Friedrichshafen
- **Other accommodation options:** Free online accommodation database, “Wohnen für Hilfe”, tips on finding a room



## Money

Studying is expensive. When it comes to how you can best finance your studies, we will be happy to help you. It is worth applying for BAföG, as students making use of this federal financial aid only have to pay maximum half the money back later – the other half can be kept as a gift. We will also happily advise you on all other financial matters during your studies.

- **BAföG office:** free advisory service, support and preparing your BAföG application
- **Social counselling:** free counselling on financial support, student loans, insurance, concessions etc.
- **Online job database:** free placement service for part-time jobs

## Advice

We are there for you, whatever your situation is: Whether you are new to university and simply want to know how everything works, or if you are going through a difficult phase during your studies, or if you are physically impaired or have other health issues; we will happily advise you.

- **Service Center:** at the University of Konstanz and at the Weingarten Canteen, first point of contact for Seezeit services
- **Social counselling:** free and confidential advice on financial matters and matters of social law, on studying with a disability or on studying with a child
- **Psychotherapeutic counselling:** free and confidential advice by trained therapists for problems related to your studies, social environment and psychological stress



## Children

Are you studying and expecting a child? Or do you have children already and you are thinking about doing a degree? We will be happy to support you with our combined service of supervision, advice, accommodation and food.

- **Konstanz:** Seezeit Kinderhaus with 60 nursery spaces and 20 crèche spaces
- **Weingarten:** Villa Kunterbunt crèche with 15 spaces
- Advice, accommodation options for families, free food for children up to the age of 10 years with the MensaKidsCard

## Life

Have you successfully enrolled, organised your study finance and moved into your new place? Then it's time to dive into student life: Get to know new people, explore a new town, make new contacts! We are actively committed to supporting a diverse and lively student experience. It is not just in our canteens, cafeterias and halls of residence that we create spaces for integration and social cooperation.

- **Funding cultural projects:** We support various cultural projects carried out by students such as concerts, theatre and exhibitions. You can apply to us at any time for financial support for your project.
- **Strandbar Konstanz:** lots of live acts in the summer
- **Campuls:** our free student magazine for Konstanz
- **Music and meditation room:** at the University of Konstanz
- **Seezeit-Shop:** at the University of Konstanz

